Living Our Mission

Annual Report 2007
Our Mission

Jennings Center for Older Adults, inspired by the Sisters of the Holy Spirit and the Catholic Diocese of Cleveland, continues the loving ministry of Jesus by providing health care and supportive services to older adults, with special concern for those with limited means. In fulfilling our mission we commit ourselves to these values:

- Respect
- Hospitality
- Community
- Discovery of Potential
- Celebration of Life

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Martha M. Kutik
Dear Friends,

One of my favorite 20th century philosophers, Mr. Fred Rogers, wrote in *The World According to Mister Rogers*, “You rarely have time for everything you want in this life, so you need to make choices. And hopefully your choices can come from a deep sense of who you are.”

Mister Rogers could have been speaking to the Sisters, Board and Staff of Jennings. As a not-for-profit organization in the rapidly changing world of services for older adults, we must make choices about the direction of our organization as we face a future with dramatically increased numbers of seniors who may need and seek our services. What will be the nature of those services? Will they be community based, residential, storefront, at the library, the mall, or in a spa? A mix of housing, healthcare, or social activities? We understand that we cannot serve all, or be all, to everyone.

Thankfully, we make and test our choices not in a vacuum, but against a sound foundation built from our history, culture, mission and values. This foundation has been built over the years by those who came before us, who were also guided by Church social teachings that emphasized respect for every human person, and community-minded principles which create a mindset that constantly seeks a higher standard for all.

Our foundation has permeated the organization—reaching, we hope, every person served as well as every staff member in service. It has provided us with that deep sense of who we are as an organization, and will serve us in good stead as we help to shape and define our profession’s next generation of services.

We review the accomplishments of the past year with a strong sense of gratitude for the perseverance, generosity and hard work of many individuals. Our mission and values have helped to guide us, and they have been instrumental in the choices we have made to achieve our goals.

Sincerely,

Martha M. Kutik

Martha M. Kutik
The Sisters of the Holy Spirit began their spiritual community 75 years ago. This small, but pioneering group of women established a ministry to older adults in Garfield Heights with the campus’s original rest home, just ten years later. For sixty-five years, the Sisters of the Holy Spirit have nurtured Jennings Center for Older Adults with values, charism and spiritual guidance. The mission-based culture they have cultivated has enabled the campus to blossom into a community that grows without walls to meet the needs of older adults, children and their families.

Over these many years, the sponsorship of the Sisters of the Holy Spirit has anchored the organization, inspiring a depth of caring for every human being as a unity of mind, body and spirit. Their influence guides Jennings staff members, who are partners in this ministry and devoted to the Sisters’ sacred work. By honoring each person as a unique individual, we nurture relationships, pursue innovation and translate Catholic values into pathways of action.

### 2007 by the numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior apartment units</td>
<td>103</td>
</tr>
<tr>
<td>Holy Spirit Villas</td>
<td>4</td>
</tr>
<tr>
<td>Assisted living apartments</td>
<td>54</td>
</tr>
<tr>
<td>Memory care assisted living studios</td>
<td>18</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Service</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long-term care private suites</td>
<td>156</td>
</tr>
<tr>
<td>Adult day services capacity</td>
<td>50</td>
</tr>
<tr>
<td>Child care services capacity</td>
<td>72</td>
</tr>
<tr>
<td>Members, Sisters of the Holy Spirit</td>
<td>12</td>
</tr>
</tbody>
</table>

### Fiscal Results 2007

**REVENUES**

<table>
<thead>
<tr>
<th>Source</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicare</td>
<td>$1,248,053</td>
</tr>
<tr>
<td>Medicaid</td>
<td>$7,812,155</td>
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<tr>
<td>Private pay &amp; Other</td>
<td>$7,351,518</td>
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<tr>
<td>Contributions &amp; Fundraising</td>
<td>$337,872</td>
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<tr>
<td>Other income, including interest</td>
<td>$577,273</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>$17,326,871</td>
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**EXPENSES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel (including benefits)</td>
<td>$10,878,176</td>
</tr>
<tr>
<td>Professional Fees and Services</td>
<td>$1,109,623</td>
</tr>
<tr>
<td>Depreciation</td>
<td>$1,175,817</td>
</tr>
<tr>
<td>Interest</td>
<td>$821,606</td>
</tr>
<tr>
<td>Supplies &amp; Other</td>
<td>$2,755,423</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>$16,731,645</td>
</tr>
</tbody>
</table>
Celebrating 2007 as the 75th anniversary of the Sisters of the Holy Spirit and the 65th anniversary of Jennings Center for Older Adults, we recognize the mission-based culture that has enabled our achievements. We share with you examples of ways in which we carried out our mission and values in 2007. Our experiences, both large and small, nurtured an environment that cherishes individual dignity and welcomes all.

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Respect

(n.) esteem for or a sense of the worth or excellence of a person, a personal quality or ability, or something considered as a manifestation of a personal quality or ability.

- Elders and their families received higher levels of compassionate care and spiritual support inspired by the daily presence of the Sisters of the Holy Spirit.
- With the expansion of the Eva L. Bruening Adult Day Center at Jennings Center for Older Adults the center served more participants and created studio space for individuals who wish to select specialized programming in smaller groups.
- Jennings formalized its person-centered care, offering greater daily choices in personal care routines, meals, companionship and experiences in a measurable way.
- Families caring for a loved one at home stayed together in the community longer with the support of Adult Day Services.
- The American Association of Homes, Housing and Services for the Aging (AAHSA) held its Ethics Commission Meeting at Jennings to discuss Ethics in the Workplace.
- Jennings was recognized at the Governor’s conference on aging for its accomplishments and involvement with the mature workforce.
- Jennings staff members integrated concepts learned from the Sacred Art of Living and Dying into daily caregiving routines.
- The Ohio Department of Health found Jennings Assisted Living to be deficiency-free during its annual survey, and Jennings Hall received excellent survey results as well.
**Hospitality**

*(n.)* the act or practice of one who is hospitable; reception and entertainment of strangers or guests without reward, or with kind and generous liberality.

- Jennings began construction on six new villa homes in order to meet the need for housing for seniors.
- Programs and services at Jennings supported individuals with low to moderate financial means.
- The campus offered a full continuum of residential and community-based services, including adult day services, affordable senior apartments, assisted living, memory care, long-term nursing home care, respite suites, child and infant care, and villa homes.
- Charitable care at Jennings continued to provide appropriate care, even if an individual’s finances were exhausted.
- Jennings’ nursing staff provided high quality care without the use of outside agency nursing.

**Community**

*(n.)* fellowship; an interacting population of various kinds of individuals in a common location.

- Catholic Mass and Rosary are held daily in the Holy Spirit Chapel, and additional religious denominations have held services in our auditorium.
- As a leader in workforce development, Jennings collaborated with the Cuyahoga County and Mahoning County Workforce Development Boards to further long-term care careers in Northeast Ohio.
- Jennings provided community presentations throughout the country and as far away as Japan to showcase our Safe Movement Program in conjunction with Kent State University.
- Jennings hosted outside organizations and partners for idea sharing and discussions on best practices.
- Through community outreach, speakers’ bureau and health fairs, Jennings provided education and information to more than 3,000 individuals and families.
Discovery of Potential

(n.) the act of seeking one’s inherent ability or capacity for growth, development, or coming into being.

- The Employer’s Resource Council (ERC) recognized Jennings as “One of the Best Workplaces in Northeast Ohio” through its NorthCoast 99 program and also awarded Jennings one of three Diamond Awards for recognizing balance in work and life.
- Jennings hosted The AOPHA Resident Art and Writing Show, displaying work of seniors with a lifelong interest in arts right alongside those who have never picked up a paintbrush or written a poem in their lives.
- AARP honored Jennings as a “2007 Best Employers Program Honoree” for its best practices in supporting staff members who are fifty and older.
- The Eva L. Bruening Adult Day Center at Jennings Center for Older Adults inspired participants in its studio space through creative therapies, including a drumming circle.
- Jennings served as a training site for local nursing schools and other academic institutions.

Celebration of Life

(n.) the praise or display of vitality or existence conceived as belonging to the soul.

- Five residents celebrated a birthday turning 100 or older in 2007.
- Through Jennings’ Gateway to Culture series, individuals and families from the Jennings campus and the community at large enjoyed seven arts and cultural performances by individuals and organizations such as the Great Lakes Theater Festival and the Centennials of the Singers Club of Cleveland.
- Children and older adults inspired one another through daily meaningful intergenerational relationships.
- Tenants enjoyed holistic programming such as a partnership program with OASIS Active Living Every Day and the ElderWisdom programs.
- Jennings staff participated in team-building activities, such as the annual staff retreat, Spirit of Jennings events, staff picnic and annual board retreat.
UPCOMING EVENTS AT JENNINGS

Gateway to Culture Performance: Cleveland Tops Swing Band
July 29, 2008 2:00p.m.
Auditorium at Jennings Center for Older Adults

Cleveland Tops Swing Band is classic swing band music for seniors by seniors. Formed by Cleveland musical legend, Vince Patti, this seventeen-piece big band is comprised of mostly retired professional musicians—Cleveland area all-stars really—with varied solid credentials, from dance bands to theater pit orchestras and the Cleveland Orchestra. Their second studio CD, "Accentuate The Positive," is finished and is now available. Join us for this lively performance of favorites! Tickets are free with advanced registration thanks to grant funding from The Harry K. Fox and Emma R. Fox Charitable Foundation. Please call Lisa Brazytis at 216-581-2902, ext. 2297.

Gateway to Culture Author Appearance: Dick Schafrath
August 21, 2008 1:30p.m.
Auditorium at Jennings Center for Older Adults

He won national football championships with the 1964 Cleveland Browns and the 1957 Ohio State University Buckeyes. He served four terms in the Ohio senate. He was the first person ever to canoe across Lake Erie. He ran sixty miles nonstop between Cleveland and Wooster, Ohio, on a bet. He met presidents...He wrestled bears. Yes, Dick Schafrath has plenty of stories to tell. In this book, he tells the most remarkable stories from his first seventy years. Wild and wonderful, told in a warm, personal style, these stories are sure to entertain and inspire. Books will be available for sale and personal signing. Tickets are free with advanced registration thanks to grant funding from The Harry K. Fox and Emma R. Fox Charitable Foundation. Please call Lisa Brazytis at 216-581-2902, ext. 2297.

Introduction to the Sacred Art of Living & Dying
September 16, 2008 2:00p.m. - 5:00p.m.
Auditorium at Jennings Center for Older Adults

Join Sister Mary Assumpta for a reflective look at this spiritual program. The Sacred Art of Living and Dying program series mirrors one of the important roles of the Anam Cara: a spiritual midwife to the dying, especially with respect to spiritual pain. As human beings face the journey towards final release, there are common patterns of emotional and spiritual distress and demonstrated ways of alleviating this pain. The premise of the program is that all spiritual pain is ultimately related to the values of forgiveness, meaning, relatedness and hope. Anyone, regardless of profession, spiritual background, or previous experience is welcome. All levels of the Sacred Art of Living and Dying series teach practical skills based on the time-tested lessons of history as they apply to our needs today. CEU hours are available for social work, nursing and chaplains. Please register in advance by calling 216-581-2900.